

Olympic Gold Medalist and mother of two young children, Kristi Yamaguchi wants to do everything she can to protect her children, but as a wife and daughter, she also knows that influenza immunization is a must for everyone in her family.



Are you a Face of Influenza? (More than 4 out of 5 people reading this are — get immunized.)

Influenza is not the common cold. It's serious. There are many "faces" of influenza.

In fact, annual influenza vaccination is recommended for more than 4 out of every 5 people.

Influenza vaccine is safe and effective and annual vaccination is the best way for people to protect themselves and their loved ones against influenza and its complications. Vaccination typically begins in October and can continue through March. In most seasons, influenza virus activity peaks in February or March, so vaccination throughout the entire influenza season is beneficial and recommended.

To learn more about the American Lung Association *Faces of Influenza* program, visit our Web site www.facesofinfluenza.org.

^a Use this space to customize this ad to highlight your involvement, activities, and list *Faces of Influenza* Coalition members. Set type in Times New Roman 12 point black.



FACES OF



INFLUENZA™

American Lung Association's
Influenza Prevention Program

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