



# WE ALL ARE “FACES” OF INFLUENZA

Everyone 6 months of age and older should be immunized against influenza this and every year.

Olympic Gold Medalist and mother of 2 young children, Kristi Yamaguchi wants to do everything she can to protect her children, but as a wife and daughter, she also knows that influenza immunization is a must for everyone in her family.



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In fact, annual influenza vaccination is recommended for everyone 6 months of age and older.<sup>1</sup>

Influenza is a serious respiratory disease that is easily spread and can lead to severe complications, even death, for you or someone with whom you come in contact.<sup>1,2</sup> Vaccination is safe and effective, and the best way to help prevent influenza and its complications.<sup>1</sup>

To learn more about the American Lung Association’s *Faces of Influenza* program, visit [www.facesofinfluenza.org](http://www.facesofinfluenza.org).

## FACES OF



## INFLUENZA

American Lung Association's  
Influenza Prevention Program

In collaboration with sanofi pasteur



### References:

- Centers for Disease Control and Prevention (CDC). Prevention and control of influenza with vaccines: recommendations of the Advisory Committee on Immunization Practices (ACIP), 2010. *MMWR*. 2010;59(RR-8):1-62.
- CDC. Prevention and control of influenza: recommendations of the Advisory Committee on Immunization Practices (ACIP), 2008. *MMWR*. 2008;57(RR-7):1-64.

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